

SIXTEENTH ANNUAL MORRISTOWN WOMEN'S FESTIVAL

Saturday, May 13, 2006 8:00 am - 5:30 pm

REAL WOMEN, REAL BODIES, REAL LIVES: Celebrating Our Whole Selves

Join Us For a Day of:

**• Women's Music, Women's Art Exhibit,
35+ Workshops, Women's Marketplace, Complimentary
Massage & Coaching Sessions and much more!**

Featured Performer: Antje Duvokot, Folk Rock Singer/Songwriter
Special Guests: The Raging Grannies, Singers/Activists

Sample of Workshops Offered [pre-register by 05/06/2006 to get your top choices]:

- Change Your Image, Change Your Life
- Power Tools for Women
- The Red Tent Shamanic Journey
- Acupuncture & Women's Whole Well-Being
- The Road to Celebrating Menopause
- Cultural Warping of Childbirth
- Real Girls, Real Relationships
- Becoming a Juicy Succulent Woman
- How to Reach your Natural State of Optimal Health
- What Do You Want? The Heart of Goal Setting
- Fear the Food No More: End the Diet Cycle
- Get Real About Clutter
- Self Love for Real Women
- When Designer Shoes & Gucci Bags Aren't Enough
- Visualizing a Holistic Life -Work Balance & Stress Reduction
- Coping with Everyday Loss: In Your Life and A Child's Life

\$40 for the Festival Day's Events (including continental breakfast and lunch)

Friendship Discount: Pre-Register 4 Women at Once and Save \$10 Each!

\$25 for Seniors and Students

Scholarships Available

(973) 540-1177 ext. 256

www.muuf.org/WomensFestival.html

Sponsored by Womanspace

Morristown Unitarian Fellowship * 21 Normandy Heights Road * Morristown, N.J. 07960