



July 2009

Volume 54, No. 7

News

*Reaching In . . .
Reaching Out*

From Our Summer Minister...

What a pleasure it is, and an honor, to serve you as summer minister.

When I moved to Morristown in 1977 to serve as MUF's Director of Religious Education, I little expected that I would still be a member here in 2009.

For 12 intervening years I directed The Center for Psychotherapy and Healing in Morristown, which I founded. We held classes, spiritual celebrations, healing sessions, workshops and presentations, nearly all of which were connected with what was then called "New Age," or alternative, forms of healing and spiritual discovery.

Sadly, what was occurring in the UU movement at this time seemed, by comparison, dry and often irrelevant, even at MUF, and I was less active at MUF during those years.

Then in 1997, I closed the Center in order to concentrate on my private psychotherapy practice with individuals and groups.

But things change. So has UUism and so have I. All along, I've continued my pastoral counseling practice, but in 1999 I returned to active UU ministry as Interim Pastoral Minister at the Unitarian Church in Summit and at the First Unitarian Society of Plainfield. In 2001, I served as Consultant Minister of the Skylands UU Fellowship followed by four years at the First Unitarian Society of Rockland County.

My counseling has changed too. It has always been body based, but it has evolved from a primal beginning, through bioenergetics, into a mindfulness approach or, as it is sometimes called, "Contemplative Psychotherapy." As one of my clients put it, "You seem to do less cure of the mind and more care for the soul." I'd like to think that statement is true. During the past 15 years, and especially in the last few, I have been studying the

mind/body/heart/spirit from the perspective of The Buddha, reminding myself that the word "psyche" literally means soul.

Things have now come full circle. I was deeply honored to have been affirmed as your Affiliated Community Minister in January.

I am happily looking forward to this summer ministry. Specifically, I will conduct four services and two classes (see "Connecting the 3 E's," July 16, and "Evolving Transcendence" on August 15) and be on emergency pastoral call when Alison is away.

I am grateful to all of you - my good friends and companions - as we travel together our spiritual path.

Rev. Allen Wells

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Morristown Unitarian Fellowship

21 Normandy Heights Road
Morristown, New Jersey 07960-4611
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Minister: Rev. Alison B. Miller
Summer Minister: Rev. Allen Wells
Director of Religious Education: Karen Brown
Music Director: Jim Blanton
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(melodylingers@verizon.net)

Summer Sunday Services: 10 a.m.
Religious Education Classes: 10 a.m.

Office Hours:
Monday, Tuesday, Thursday: 10 a.m.-5 p.m.
Wednesday: 10 a.m.-7 p.m.
Friday: 10 a.m.-2 p.m.
Tel: 973-540-1177, ext. 201
Fax: 973-539-8218

www.mUUf.org



Deeds Well Done

The Fellowship board recognizes and thanks the following members and friends for their work at MUF and in the community:

Andras Kiss – For tweaking the FM transmitter for the sound system for the hearing impaired.

Carolyn Evans and Todd Van Gordon – For ushering twice a month.

Paul Snellgrove – For a very successful book discussion on *The Great Turning*.

Shari Loe – For coordinating and teaching the UU Beginnings Class for 5th and 6th grades.

Mission and Covenant Statement

WE, the members of the **Morristown Unitarian Fellowship**, mindful of the rich diversity and essential oneness of human experience, covenant to weave the fabric of community from the strands of our separate lives.

This is our pledge:

- To create for ourselves and our children a spiritual home which will nurture, challenge and offer us renewal.
- To seek what is true even as we celebrate the mystery of existence.
- To reach out to all who share our liberal religious values and participate in the broader Unitarian-Universalist movement.
- To work for social justice and the well-being of our planet Earth.

***Please E-Mail All NEWSLETTER Articles
—both print and online versions—***

to editor **PAT BAXTER** at
melodylingers@verizon.net

by the **15th** of the month
preceding the one in which they will appear.

Thank you!

Upcoming Board and Network Meetings

Meetings are at 7 p.m. and open to all Fellowship members. This month's meetings are scheduled on:

Board of Trustees July 8
Administrative/Program Networks July 15

Meeting Minutes

Minutes from the most recent meetings have been approved and are posted on the bulletin board in Room 100 and on the website. (Go to the Members Area and scroll down to the "Board of Trustees"; or from the homepage, click on "Congregational Leaders" and then scroll down to the Board and click on "Board Meeting Minutes.")

Be a knowledgeable member of your Fellowship!

The President's Corner

GREETINGS FROM YOUR NEWLY ELECTED PRESIDENT.

There are so many feelings I am experiencing as I step up to the challenge of being the President of the Board of Trustees of the Morristown Unitarian Fellowship. I am humbled by the trust and respect you have bestowed on me. I am excited by the prospect of helping to lead the Board for the next year. And I have a jumble of feelings around writing a monthly column, speaking in front of the congregation and being one of the many faces of MUF to the outside world.

A new year, old faces, new faces, but will things be the same?

For those of us who have been coming to the Morristown Unitarian Fellowship for many years, it can be comforting to see many of the same faces week after week. I also find it comforting to see many new faces because every organization needs new people, ideas and talent in order to survive. This is even more important if we want to thrive.

One of the concepts I would like us to embrace this year is to do the work that will allow us to thrive, grow and become an even better version of ourselves. What do we need to thrive, to become an even more vibrant community?

In the short term, we may need to spend some time and resources taking care of ourselves. This may mean revisiting and updating ideas from the past, like

neighborhood units, to take advantage of new technologies and the skills, ideas and energy brought by new people.

It may mean re-evaluating our financial base, working harder to reduce our debt and strengthen our financial position so we can plan for a future capital fund campaign. It may mean trying some new ideas around Religious Education and Worship, so we can explore the best way to grow spiritually and as a covenanted community.

If all of this sounds like code-speak for impending change, you are correct. We are nearing at the end of a five-year financial plan. We have a Strategic Planning Task Force in place that is working very hard to have a new plan for you by June 2010. In the next year, we may need to try some new ideas so that the planning effort is better informed about who we are as a faith community and how much better we can become.

I am committed to supporting this effort. It is vital to the health of MUF that we have this plan in place so the Board, our Minister, our Committee Chairs and all of our leaders can make decisions based on a shared goal and a shared plan.

It should be an interesting year ahead. I look forward to making the journey with you.

Gary

Gary Kunz, President

Faith Developments

TAKING MY LITTLE DOG CODY FOR A WALK

is indeed a pleasure. It gets me out of my apartment and into the fresh air where I enjoy looking at all of nature. We have some beautiful trees on the property and people plant their little gardens with care.



Today I noticed huge mushrooms sprouting up – the biggest I have ever seen on a lawn. The mushrooms are getting exactly what they need from the rain. The right ingredient makes them sprout.

The same thing can be said of our children here in the Fellowship. When they get the right ingredients – many teachers and other volunteers to help them grow – they flourish.

In the 2009/2010 programming year we would love to find several teachers who will help us start a second RE program. We need teachers for the Preschool and Kindergarten class, and for the Grade One through Six class.

This is how I envision it: The Preschool/ Kindergarten program will use one of several curricula available from the UUA and other sources. The

curriculum for the multi-age group of children will be created as a small group ministry. They will go to the Time for All Ages in the service and come back for their own circle where ritual will be the focus. Children might break up when appropriate into two small groups, determined by age, where they will engage in an activity.

This model is fashioned after Spirit Play that is being used in UU Congregations. Children will learn how wisdom is created in a circle, hear a story, learn to meditate, listen to each other and care for and respect one another in deepening ways. I will lead the Grade One through Six children and be responsible for training the teachers in the small group ministry model.

We have two volunteer teachers and we need more. If you and your family would like to help us with the second service and be willing to make a switch from 9:00 a.m. to 11:00 a.m., please call or email me – Karen Brown at karen@muuf.org or uudre@optimum.net or call me direct at 862-242-8303 or 862-432-0173. We welcome adults in our congregation who see themselves in a special ministry with children to help them deepen their UU faith.

Karen

Our Financial Health (Figures may not add up exactly due to rounding and/or truncation.)

	May 2009	YTD July-May	2008-09 budget	Remaining
Income				
Pledge Income	\$31,752.58	\$376,506.43	\$412,000.00	\$35,493.57
Rental Income	\$3,150.00	\$46,375.00	\$40,500.00	(\$5,875.00)
Fundraisers	\$5,275.23	\$40,454.95	\$66,000.00	\$25,545.05
Other Income	\$846.39	\$15,275.05	\$24,800.00	\$9,524.95
TOTAL INCOME	\$41,024.20	\$478,611.43	\$543,300.00	\$64,688.57
Expense				
PAYROLL	\$37,969.75	\$316,935.06	\$351,289.00	\$34,353.94
Debt Services	\$1,790.47	\$20,562.04	\$22,000.00	\$1,437.96
BLDG MTCE & UTIL	\$2,959.01	\$59,831.79	\$69,124.00	\$9,292.21
ADMINISTRATION	\$7,302.10	\$58,425.81	\$65,144.00	\$6,887.19
COMMITTEES	\$806.91	\$10,094.22	\$14,892.00	\$4,797.78
Religious Education	\$2,186.36	\$5,883.59	\$13,680.00	\$7,796.41
TOTAL EXPENSE	\$53,014.60	\$471,732.51	\$536,129.00	\$64,565.49
Difference	(\$11,990.40)	\$6,878.92	\$7,171.00	

A GEM Moment: Saving Money, Energy and the Environment

As UUs, we care about improving our own health and the health of the environment, and we often share ideas for small, easy changes that can help...but did you know that this is a great time for important, long-lasting changes to save energy at home?

Replacing drafty windows, old heating systems and inefficient appliances in 2009 or 2010 can get you state and federal tax rebates, while reducing your energy costs and conserving energy and our environment.

For more information, you might want to take a look at <http://life.gaiam.com/gaiam/p/Going-Green-Pays-Tax-Incentives-for-Eco-Choices.htm>. See also www.energystar.gov/index.cfm?c=products.pr_tax_credits.

Settie Nave for the Green Earth Ministry

Social Justice Council - July 2009 Update *(continued from p. 8)*

Eric Johnson House – MUF Monthly Dinner Teams – Next hostings: Wednesdays, July 1 and 22 (5:45-7 p.m.). Join other MUF members as we serve and host a cozy family-style dinner for 12 at the residence. Join our meal prep rotational schedule and/or join us for warm conversation with great people. Contact Zella Geltman at zellarpg@yahoo.com.

Morris Homeless Solutions Monthly Dinner – Saturday, July 11 – 4:45-7 p.m. This is the Morris County homeless shelter and they are dependent upon congregations/corporations/civic groups to provide dinner nightly. We have maintained this commitment for more than 10 years - one Saturday night per month. Be a part of the gift! If you are an adult, or a family with Jr. High or older children that you can accompany, help prepare an easy meal for the 100+ shelter residents. Contact judyoneil@optonline.net.

Morristown Soup Kitchen – Next hosting: Lunch Tuesday, July 14- Thanks to all who cook! The numbers of people to be served are still significant, even in summer. Summertime heat in the kitchen makes it a “**soup, chili, hot dogs and cold/room temperature salads**” menu from now thru September. Contact Michelle Kunz at mbkunz@gmail.com to help.

Support MUF with Your Pledges

Dear Fellow Congregants,

The new fiscal year comes with new ideas about the MUF treasury and stewardship. We certainly are in a challenging financial situation and will need to be diligent and restrained, while also exercising creativity and enthusiasm. However, none of this is possible without our collective full participation. If you haven't done so already, please support your spiritual home by:



- 1) paying your 2008-09 pledges in full.
- 2) submitting your pledge card for 2009-10.

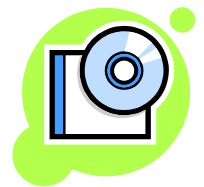
If your financial situation is such that you need a waiver, please see Alison. Your communication is very important to us; it lets us know you are still committed.

In addition, I strongly encourage you to sign up for the direct debit program. By instructing us and giving us permission to debit your account either monthly or quarterly, you contribute to a steady cash flow, without the ups and downs in revenue which can cause MUF to have to borrow. Signup forms are available in the office.

Toward financial peace,
Susan Lausell, Treasurer

MUF Choral Festival DVDs Available!

MUF held its memorable Choral Festival on April 4. It featured the world premiere of a major work for chorus, orchestra and soloists, “Every Matter Under Heaven,” conducted by its composer, Lee Johnson.



The concert also presented premieres of choral pieces by several MUF composers, Darrell Courtley, Barbara C. Stasiak and George Aronson, as well as some short works by Johnson. Performers included The Morris Consort and the MUF Adult and Children's Choirs, prepared by Jim Blanton.

George Aronson has edited the video of the concert to incorporate a very high-quality sound track recorded separately from the video. He has also included extensive titles and credits. The result is a handsome DVD “record” of this milestone concert. He is asking a nominal \$5 for each copy. Contact him at gmaronson@aol.com to place your order. Orders will be filled during the month of July.

Upcoming Events

Spiritual Cinema Summer Series

Six Tuesdays, from June 30 to August 4, 7-9 p.m.

Life comes at us with a full range of challenges and for this summer we can relax and watch beautifully made films that delve into those key moments in life when a person's depth of character is revealed.

We will meet in the library. Bring popcorn or light snacks to share and enjoy watching a selection of short films by the Spiritual Cinema Circle. We'll see tragedy and comedy and everything in between. Each of the films will be 30 minutes or less in length. We will view the film and then discuss aspects of it that struck a chord in us.

The facilitator will be Joan Alevras, a new member of our Fellowship and a long-time UU. For more information, contact Joan at jalevras@hotmail.com. As space is limited, registration is encouraged.

Summer Poetry Circle

Four Tuesdays: July 7, 14, 21, 28, 7-9 p.m.

Led by Janine Torsiello

Please join us in discussing some classic and contemporary published poets. We will introduce each other to some favorite poems and poets, share insight on their work and what about the poetry speaks to us. All are welcome, no prior poetry knowledge necessary. If you are new to poetry or if poetry is your passion come and experience! For more information, contact Janine Torsiello at jmtorsiello@gmail.com.

To register for adult programs, email Nicole at office@muuf.org, or contact the MUF office at 973-540-1177. Childcare is available for all adult programs (with advance notice).

Craft Night

Friday, July 10 & 31, 7:30 p.m.

Do you enjoy doing things with your hands and watching the time fly as your creative juices flow? Would you enjoy good conversation and a relaxing evening in the company of other MUF crafters? During the summer, we will meet informally as a combined knitting/crafting group. Bring a project of your own to work on in company with others.

Please register with Donna Becker, at writeme79@juno.com, before July 7 for July 10; by July 28 for July 31, so we know how many to expect. Feel free to bring a snack to share if you like.

First Monday Book Group

Monday, July 13, 7:30 p.m.

We will meet on the second week, because of the July 4 holiday, to discuss *Body & Soul*, by Frank Conroy. We will not meet in August. In September we will meet on the 14th due to the Labor Day holiday, and will discuss *People of the Book*, by Geraldine Brooks. Our book for October 5 will be *Infidel*, by Ayaan Hirsi Ali. For more information, contact Nancy Lee McLure at nlmclure@msn.com.

Compassionate Communication Practice Group

Thursday, July 16, 7-9 p.m.

Peace begins within. If you're interested in cultivating more honesty, empathy and connection in your interactions with others, join our small group to learn and support others in us in compassionate communication techniques. Our text is *Nonviolent Communication: A Language of Life*, by Marshall B. Rosenberg, Ph.D. It can be purchased, along with a companion workbook, from amazon.com or through the Centers for Nonviolent Communication website cnvc.org. Participants at any skill level are welcome. For more information, contact Genie Bane at geniebane@optonline.net.

You Are What You Eat

Thursday, July 16, 7 p.m.

This fourth program in the *Menu for the Future* series, held in the Morris County Library (Conference Room), will explore food systems from a human health perspective. The session will consider influences that shape our food choices and food policies from the fields to Capitol Hill, and the implications for our health and wellbeing.

For more information and to register, contact Tom McGuinness at tomamor@optonline.net or Claire Mayer at clairemayer@optonline.net.

Womanspace – Women's Spirituality Circle

Sundays, July 19 and August 16, at 11:30 a.m.

Coordinated by Gloria Jackson

Womanspace meets each month for an informal circle gathering that includes ritual, discussion and sharing of personal experiences. Open to all women, both adults and teens. Guests and visitors are welcome. *No registration required.* For more information, contact Gloria Jackson at gloriajcksn@aol.com.

Save the Dates!

The Artist's Way as a Wisdom Circle

Thursdays, July 9 & 23, August 6 & 20, September 10 & 24, October 8 & 22, November 5 & 19, December 3 & 17, January 7, at 7-9 p.m.

Facilitated by Karen Brown

The Artist's Way by Julia Cameron is back! This is a course in discovering and recovering your creative self; it is a spiritual path. If you are an artist, think you would like to become one, or want to think creatively or to discover your own artistic potential, this course might be for you!

Just purchase the book *The Artist's Way*, commit to building community by being present at each session, and allow yourself to free your creativity. Open-mindedness is the key and that's what we UUs are all about! Learn the Wisdom Circle approach to community building in our small covenant circle.

Pre-registration is a must. Contact Nicole at Nicole@muuf.org or 973-540-1177. Limit: 12 participants. For more information, contact Karen at uudre@optimum.net.

Connecting the 3 E'S

Thursday, July 16, 7:30 p.m.

A Discussion led by Rev. Allen Wells

Most of us are affected in one way or another by the economy, we care for our environment, and we are concerned about our energy use. What we may not fully appreciate is the linkage between our exponentially growing national Economic indebtedness, increasingly deteriorating Environment, and new Energy demands, and what all of this means for how we prepare for our future, practically and spiritually.

To better understand this connection, Allen recommends *The Crash Course in Economics*, by Chris Martenson, on UTube. It's a short (3 hours, 20 min.) course in 20 chapters.

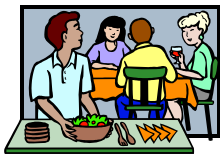
"It's for economic dummies like myself," Allen says, "although I am not sure how much smarter the Wall Street analysts are." It's free and you can view it all at once or chapter by chapter, and if you prefer, you can print it out. Just go to www.chrismartenson.com/crashcourse.

Tonight's discussion will be based on this course, but you're welcome to attend the discussion even if you don't view it. Please register through the Fellowship office by Sunday, July 12.

Time to Sign up for Dinners at 8

Come one, come all, for a terrific experience next year. The signup sheet is in Room 100. Reserve your spot now! What a great way to meet fellow MUFers and gain friendships that endure.

Besides, the food is great, the conversation is the best and fun is guaranteed. For information, contact Judy Oehler at judithoehler@verizon.net.



A Sense of Place – An Invitation

You are invited to be part of a summer Sunday service called "A Sense of Place" on **Sunday, August 16**. If a place in the world has meant a great deal to you and you would like to contribute words, music, poetry or visuals about that special place, please contact Carol Titus at carol.titus@yahoo.com.

Social Justice Council - July 2009 Update

Helping Neighbors in Need



Next Social Justice Council Meeting – Thursday, July 9 – 7:30 p.m. – Dining Room. Come help allocate the final “collection” monies earmarked for local and other charity donations in MUF’s name. And help to create a wonderful plan for the upcoming year’s MUF-wide Social Justice efforts – Harvest Fair in fall, holiday activities, new projects that will make a difference in the lives of our neighbors. etc. It’s a brand new year...and a year when lots of folks are “up against it.” Be a change agent in the world. We need you...just show up. If you have questions, contact Christine Reynolds at Reynolds@nac.net or karenburns@casaessex.org.

Hire workers for daily, seasonal, or temporary employment...



“Pathways to Work” (PTW) – Look for the Workers in Yellow Caps – Sponsored by Neighborhood House program/The Morris Area Clergy

The fundraising committee had the great experience of working with four PTW workers during the MUF Tag Sale, and they really worked incredibly hard, and were immensely strong, pleasant and indefatigable. Just the way we like them! And, we can tell you, ***they needed the work*** and were very grateful for our support! And there are many more just like them – male and female workers are available.

PTW Workers’ Center Hiring Process

The center’s Job Bank is available to receive your job posting: just contact Rosa Chilquillo at 973-538-1229, ext.43, or go to www.neighborhood-house.org. On the main page you will find PTW listed under programs. You can use either the phone or the web to reserve a worker. This referral service is open every day of the week, for phone- job postings and dispatch of workers. Here you can hire skilled or unskilled workers for daily, seasonal or temporary employment. PTW makes translators available to help make communication more comfortable between employers and prospective employees. Our Job Bank contains skilled workers – painters, gardeners, carpenters, masonry workers, etc. This is a current database of people who have told us they have skills and experience. ***How long does it take to hire a worker?*** Less than 3 minutes.

How much are workers usually paid? We suggest paying unskilled workers in the range of \$10-12 per hour. Also, we suggest providing lunch if you’re hiring someone for only a day or even a few days. Specialty or skilled workers earn more, depending on the level of experience or knowledge required, or language ability. Negotiations are between the employer and the employee, but translators are available to make communication more comfortable. Housekeepers are available to clean homes and offices. (Or you may go down to the Morristown Train Station anytime and talk to the workers with the “Yellow Caps.”)

SUMMER-LONG MUF FOOD DRIVE – THE PANTRIES ARE EMPTY!
Please don’t forget – bring your food staples to Room 100 – place in food pantry box.

(continued on page 5)

Save These Dates for Future Events !

All-Day NVC Workshop at MUF

Saturday, October 17

If you have *ever* been angry at someone or some situation, or feel you're not being heard or understood—



Imagine connecting with the human spirit in *each* person in *any* situation at *any* time. Learn the practice of **Nonviolent Communication** (NVC) and allow heart and hope and justice to get through in all conversation.

Compassionate Communication consciousness empowers us to live out our UU covenant by turning anger and conflict into a celebration of connection to life and an acceptance of unmet needs, staying engaged and in relationship in this complex interplay. More info from Jo Sippie-Gora, Seeds of Peace.

Pool Party and Aerobics Instruction

Saturday, August 15, 1:30-4 p.m.

Instructor: Nancy Tweed

In the heat of the summer, come and spend a cooling afternoon doing light aerobics in Nancy Tweed's pool. Bring a snack to share. Minimum of 5; maximum of 10.

Contact Nancy Tweed at ntweed@verizon.net. Register with office@muuf.org.

A Day at Grounds for Sculpture

Wednesday, August 12, 9 a.m.-5 p.m.

(rain date Wednesday, August 19)

Coordinated by Danelle Simonelli

Spend the day with Fellowship friends at Grounds for Sculpture, a 35-acre outdoor sculpture park in Hamilton, New Jersey. This innovative facility contains more than 240 works of contemporary art, creatively arranged across a landscape of paths, plants and water features.

There's a surprise at every turn, from interactive sculptures to 3-D recreations of famous paintings, not to mention the wandering peacocks. All ages are welcome – this is a fun place to bring the whole family.

We will meet at MUF at 9 a.m. and form car pools for the 50-mile ride. Lunch can be had at either of the two restaurants within the park: the informal Peacock Café or the more upscale Rat's Restaurant. (Sorry, no outside food can be brought into the park.)

Cost: \$10 plus lunch for adults; \$8 plus lunch for seniors age 65 and older; \$6 plus lunch for children age 6-12; free admission for children age 5 and under. Pre-registration is required through the office by Monday, August 10.

For more information, contact Danelle Simonelli at dksimonelli@hotmail.com.

Evolving Transcendence – A daylong experiential workshop at MUF

Saturday, August 15, 9:30 a.m.-4:30 p.m. Led by the Rev. Allen Wells

Come take an inner vacation and explore the possibilities of our spirit. Our physiology now supports our ability to live together in peace and love in harmony with each other and with our earth. Through millions of years of evolution, we have arrived, at this critical juncture in earth's history, with the means and the need to take the next step. Whether or not we will do so will depend upon our capacity to awaken to our gifts.

In the morning portion of this workshop, we will re-capitulate and re-appreciate, through movement and music, the actual stages of our evolution from fish to homo sapiens, concentrating on the evolution of our heart/brain, and discovering our relatively recent potential for experiencing oneness and becoming compassionate.

We will spend the entire afternoon in mental, emotional and spiritual exercises, made possible by relatively evolved structures of our brain for awakening. Through phylogenetic integration, gestures of awareness, mind to brain talk, meditation and dance, we will energize our spirit.

This will be a body-based, experiential workshop, utilizing movement and awareness, humor, movement, sitting and walking meditation, and shamanic exercises that have the power to startle us to new insights.

Please wear clothing suitable for movement. But you'll need to move only as you are able and feel comfortable. Please bring a brown-bag lunch and beverage. Pre-registration is required, at office@muuf.org or 973-540-1177, by July 31. For more information, call Rev. Allen Wells at 973-539-0301, ext. 2.



Sharing Our Joys & Concerns

To assure the privacy of our members and friends, we have removed all other “Joys and Concerns” and personal telephone numbers from the online newsletter. A copy of the Newsletter in the Members Only section of our website includes the complete information.

Tell Us Your Joys & Concerns

Be sure to send your Joys and Concerns to melodylingers@verizon.net so they will reach all members of the Fellowship.

Contributions to the Endowment Fund, the Memorial Garden Fund, or the Celebration of Life Fund are special ways of honoring family and friends. Your gifts will be acknowledged and appreciated.



Upcoming Events Calendar

Date	Time	Event	Details
Six Tuesdays, June 30–August 4	7:00-9:00 p.m.	Spiritual Cinema Summer Series	p. 6
Tuesdays, July 7, 14, 21, 28	7:00-9:00 p.m.	Summer Poetry Circle	p. 6
Thursdays, July 9&23, August 6&20, September 10&24, October 8&22, November 5&19, December 3&17, January 7	7:00-9:00 p.m.	The Artist's Way as a Wisdom Circle	p. 7
Fridays, July 10 & 31	7:30-9:30 p.m.	Craft Night	p. 6
Monday, July 13	7:30 p.m.	First Monday Book Group	p. 6
Thursday, July 16	7:00-9:00 p.m.	Compassionate Communication Practice Group	p. 6
Thursday, July 16	7:00 p.m.	You Are What You Eat	p. 6
Thursday, July 16	7:30 p.m.	Connecting the 3 E's	p. 7
Sunday, July 19	11:30 a.m.	Womanspace	p. 6
Wednesday, August 12	9:00 a.m.-5:00 p.m.	A Day at Grounds for Sculpture	p. 9
Saturday, August 15	9:30 a.m.-4:30 p.m.	Evolving Transcendence	p. 9
Saturday, August 15	1:30-4:00 p.m.	Pool Party and Aerobics Instruction	p. 9

Seeds of Peace

Monday, July 13, at 7 p.m.

We will meet (in Room 205) to continue planning our next two programs (Hibakusha and NVC Workshop), as well as to discuss the results of the Peacemaking Statement of Conscience vote at the national UUA General Assembly. Info from jo@josippie.com or 973-838-8576.

Japanese A-Bomb Survivors to Visit MUF

Sunday, August 9, at 1 p.m.

Hibakusha (as they are referred to by Japanese) will be the featured guests of Seeds of Peace, NJ Peace Action and August 9 Saving Lives Task Force in this program. They will give testimony about living through an A-bomb explosion, talk about their memories of the devastation caused by the Hiroshima and Nagasaki bombs, and urge the abolition of nuclear weapons.

Because so many of the Hibakusha are now in their 60s, 70s and older, it is very important for people to hear their first-hand testimony while there are still Hibakusha to talk about these events. Please come if you can. Starting at 12:15, Diane Beeny will offer materials and instruction on peace crane paper folding. Info: Jo Sippie-Gora, jo@josippie.com.

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Deadline for the AUGUST issue is

JULY 15

Sunday Services

Services at 10 a.m. only for the remainder of the summer; no RE until September 13.



July 5 **Life's Slippery Slopes**

Life continually confronts us with slippery slopes with which we must deal: some tough, but essentially only challenging; others life threatening.

Presented by Rev. Barent Johnson

July 12 **My Musical Journey**

Tracing my musical interests from past to present, this service will include Italian songs, popular, doo-wop, choruses, songs in other languages, gospel, Broadway, & big band. Along the way, I picked up playing the organ, guitar and the Djembe (African drum). I've also dabbled in folk & country music.

Presented by Maria Manna

July 19 **Praying for Sin**

The president of my ordaining congregation wanted me to have a long career, so he charged me to "Pray for sin so you will remain in business!" Behind his quip there lies an iconic and ironic conundrum that applies to our personal lives and to our economic system. It is this...if the meaning of our lives depends upon fixing what is wrong and our capitalist system depends upon our needs never being satisfied, how can we ever get things right? I'd like to speak to this paradox.

Presented by Rev. Allen Wells

July 26 **Is Music the Mother of Poetry?**

Poetry has always wanted to imitate music's rhythms and harmonies. We will read a wide variety of poems *about* music, and perform musical selections that may have inspired them.

Presented by George Aronson, along with MUF poets and musicians